



Tsubomi Seishin Kan Dojo

Rank Promotion Examinations (10/16/2008)

Participation in formal testing for rank in the *Tsubomi Seishin Kan Dojo* will consolidate your practice, approximate the stress of real conflict by staging performance under modest pressure, and allows your community to recognize the skills you have achieved. You'll learn a lot about where to direct your practice in the immediate future, and you'll have fun too! Don't be too nervous: remember that we have a vested interest in each student's success and we are looking for reasons to pass you!

Rank promotion exams are conducted three times yearly. Participation is optional though highly encouraged. A blackbelt panel of your peers administers each test upon completion by the candidate of minimum time requirements, blackbelt sponsorship, and submission of the application, test fee, and required essay by the deadline. Applications must be signed by an appropriately-ranked blackbelt sponsor who will be responsible for helping each candidate prepare. Essays must be neatly hand-written, double-spaced, and submitted on clean, white 8.5x11" paper. Candidates will be asked to pay for their certificate and belt only if they pass. All ranks are certified by the Tsubomi Seishin Kan Dojo.

Aikido tests generally consist of a written essay, ukemi skills, Ki tests, self-defense techniques (including spot checks of the techniques from previous tests), weapons demonstrations, and randori (free-style multiple attack). Candidates may select three of the four techniques listed for their rank to perform, though they should be familiar with all four. Bear in mind that technique demonstrations are intended to illustrate target skills for each rank. You should strive to perform all techniques with the particular skills of the rank in mind.

laido tests generally consist of a written essay, and a performance of laido etiquette and technique. The experience is designed to help this programs members to prepare to test in Japan.

Aiki-ken/Aiki-Jo tests parallel the regular weapons requirements in Aikido, but allows participation and concentration on the principles and philosophy of the art as it applies to weapons - all without falling, and with throwing only at the highest rank levels.

Eligibility to Test

1. Test fee, application, and required essays (if any) must be submitted prior to the administration of tests.
2. Tsubomi Dojo annual membership (\$40 adult; \$20 child - Jan-Dec - reupped each January) required of all candidates.
3. Dojo member accounts (membership, tuition, and all other required fees) must be current to establish eligibility to take a test.

Test Fees (revised 10/26/2008)

Upon successful completion of a test, candidates will be awarded with a menjyo certificate and a new belt (if changing color).

Children's Aikido (all ranks) - \$25

Aikido, Aiki-Ken/Aiki-Jo, *laido

6th kyu - \$40 + \$40 annual membership = \$80

5th-1st kyu - \$60 (*laido nikkyu & ikyu tests only. Japan test fees for dan grades TBA)

Shodan - \$120

Nidan - \$160

Sandan - \$200



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laido Rank Requirements (8/2/2007)

2nd Kyu

Reiho

4 mos/ 20 sessions

Essay

Explain the proper movement of the sword during kirioroshi
(150 hand-written words must be submitted with test fee and application)

laido

Hajime no Reiho
Ipponme Mae
Ropponme Morote Tsuki
Owari no Reiho





Tsubomi Seishin Kan Dojo

Iaido Rank Requirements (11/20/2008)

1st Kyu

Correct Technique
4 mos/ 20 sessions

Essay

Explain the importance of correct posture
(150 hand-written words must be submitted with test fee and application)

Iaido

Hajime no Reiho

Five shitei-waza selected from first seven ZNKR techniques:

Ipponme Mae
Nihonme Ushiro
Sanbonme Uke Nagashi
Yohonme Tsuka Ate
Gohonme Kesa Giri
Ropponme Morote Tsuki
Nannahonme Sampo Giri

Owari no Reiho

